



BRI 1833 6330, LLC

6330 West Loop South Fitness Center

Operation Hours:

Monday - Friday 5:00 am - 9:00 pm
Saturday 5:00 am – 2:00pm

Check Box:

Access to the Facility

- Access will only be granted to tenants who have completed, signed and dated the Fitness Center Release and Waiver of Liability forms.
- Tenants only, no family members, children, friend or unauthorized co-workers.

Dress Code

- Appropriate clothes and shoes are to be worn at all times while exercising.

Towels

- Please be courteous and use a hand towel to wipe equipment after use.
- Please place your towels in the hampers located in the fitness center locker rooms.

Equipment

- During peak times tenants utilizing the cardio machines (treadmills, elliptical, and bikes) are limited to 30 minutes per machines.
- Free weights must be returned to their storage positions immediately after use.

Lockers/Showers

- Lockers are used only during fitness center workout. Keys are to be kept in the lockers, when not in use.
- After you work out remove belongings from the locker and put the key in the lock.
- Do not leave personal belongings in the dressing rooms.
- Management retains the right to confiscate personal belongings left in lockers.

Prohibited

- No Food or Alcohol
- No Smoking or use of any illegal drugs

The Management or Ownership of 6330 West Loop South Fitness Center will not be responsible for any loss or stolen items, theft and/or damage to any property. **I hereby acknowledge that I have read and understand the above and that failure to adhere to the rules and regulations may cause my privileges to be revoked.**

Print Name / Access Card Number

Signature / Date



BRI 1833 6330, LLC

Fitness Center Release and Waiver of Liability

I, [redacted], have registered voluntarily to engage in exercise and fitness activities and use exercise equipment available in the building commonly known as 6330 West Loop South (the "Fitness Center").

I understand that this fitness center, which is unsupervised, involves strenuous physical exertion and will require sound judgment at all times during my participation. I understand that by participating, I am at risk to suffer serious physical injury and possible death. I understand and agree that I, alone, am responsible to determine my physical and mental fitness and my suitability to participate. I acknowledge that Landlord will not attempt to determine, nor will I hold Landlord liable to determine, my physical and mental fitness, suitability, or capability to participate either before I being participation or at any time during my participation in the Fitness Center.

In consideration for the work performed by Landlord in making fitness equipment available, from which I receive value and benefit, I assume all risks of injury or death related to participation. I further release Landlord and all of its affiliated entities, and I waive any claim that I might make against landlord and its affiliated entities, for any physical injury and death arising of or related to my participation in, or during travel related to this Fitness Center.

I understand and agree that the effect of signing this Release and Waiver of Liability is to give up all my legal rights to file any lawsuit or to recover any money damage against Landlord and its affiliated entities for any claim related to the Fitness Center including any claim for negligence by Landlord or negligence by any employees of Landlord.

Because participating in the Fitness Center is voluntary, I have agreed to sign this Release and Waiver of Liability. I have been given the opportunity to read carefully all of the terms of this Release and Waiver of Liability and I understand fully the legal consequences of signing it.

I understand that I will not be allowed to participate in the Fitness Center unless I sign this Release and Waiver of Liability. I agree to this because I choose to participate in the Fitness Center at my own risk, knowing that I have no legal right to seek recovery of damages or otherwise to make any claims against Landlord for any harm or injury, including death that I may suffer as a result of my participation.

As used herein, the term "Landlord" shall mean BRI 1833 6330, LC and its representatives and agents.

Print Name

Access Card Number

Signature

Date